NEW SOUTH WALES

Let's Go Dancing

MAY
2019

Volume: 3 **Issue: 4**

Produced by: The Square & Round Dance Association of NSW

ENQUIRIES
1800 643 277

Early Bird Registrations Open

for the

61st ANSDC

10th-14th April 2020

Blue Mountains Grammar School

Wentworth Falls NSW

For two amazing opportunities!

One lucky dancer

will have their registration fee refunded

and

All Early Bird registrations will go into a draw

for a chance to win two seats on a coach tour

donated by Fantastic Aussie Tours

to the value of $6580.

https://www.2020sdconvention.com/registration

www.facebook.com/groups/434857693607535/?

Fantastic AUSSIE TOURS

What's Happening

Welcome to this month's edition of Let's Go Dancing. Happy Mother's Day to all the women in the world who have made a difference to a child's life.

Normally the May issue incorporates the Australian Square Dance Review but due to the timing of the 60th ANSDC in Deloraine and the editor having a little break. You will be able to read and see all the highlights from the National in June rather than waiting till August. By the time you receive this magazine Deloraine will be a wonderful memory and things will really be at the business end of the 61st ANSDC in our home state.

Recently David and I participated in a Memory Walk and Jog in support of Dementia Australia with over 700 people in Western Sydney. I have always believed that dance in particular square dancing was a great activity in reducing the impact of dementia. According to "Your Brain Matters" website there are five simple steps to follow: Step One - Look after your heart, Step Two - Be physically active, Step Three - Mentally challenge your brain, Step Four - Follow a healthy diet and Step Five - Enjoy social activity. How many of these steps does square dancing tick?

Thank you to all those who assist by sending photos, articles and information. Now, find a comfortable chair, sit back and enjoy reading the May issue of Let's Go Dancing.Till next time.

Ros

Are you
a winner?
New NSW numbers in this
issue.
Check carefully!

SQUARE DANCE

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Jouko

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ACF Treasurer	Gary Carpenter		

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Find us on: facebook https://www.facebook.com/NSWSquareDancing/

NSW President's Report

Our Annual General Meeting was held on the 30th March at Pennant Hills Community Ctre. Thank you to the thirty-one dancers who attended. The election of officers for 2019/20 were:

President:	David Todd	Vice President:	Ed Coleman
Vice President:	Ted Thomas	Secretary:	Rosalind Todd
Treasurer:	David Calvert	M'ship Secretary:	Barbara Doust
Country Officer Sth:	Helen Hodalj	Country Officer Nth:	Frances McAlister

Publicity Officer: Vacant

Wilma Flannery has been a tireless worker in her role as Country Officer North for many, many years and I am sure I speak for dancers everywhere when I commend Wilma for her dedication and support but she has decided it is time to step down from this position. elcome to Franes McAlister who is taking on this role. I would also like to thank Barry Wonson for his hard work in the publicity portfolio over the last two years.

Congratulations to Ed Coleman who celebrated thirty years of Southside Rounds ably assisted by Lynn Yager. Carol & Trevor Kunkel, long time members, proudly assisted with the cutting of the cake. Ed and Lynn were surprised with a visit from Marilyn & Tony Marshall.

Following our AGM we had an Amateur Callers' Dance where the amateur callers were mixed in with the more experienced callers. If you weren't there you missed a fabulous night of dancing. We also had a special treat from Julie Wright who cued her own choreographed round dances. Our amateur callers were; Arthur Rae, Barbara Tapley, Wendy Alexander, Ron Masterson, Doug Lewis and Lynda Cafe.

By the time you read this magazine the 60th National in Deloraine will be over and preparations are well in hand for the 2020 Convention in the beautiful Blue Mountains.

Regards

David

Club News

CARPENTER & CO

Caller: Gary Carpenter

Our new intake this March has seen a number of new dancers take to the floor, most of whom are really enjoying themselves. Some of our travellers have already left for Tassie with some off soon to join them. With Wendy, Wayne & Julie not attending the convention we aren't breaking for ANZAC Day and have suggested a dress up for those attending. We have also extended the amount of Plus danced on a Thursday Night with Pre & Post sessions. Other than that it is all fair sailing at Tuggerah. Talking dancing, I was impressed with the dance program on Cunard's Queen Elizabeth. The Queen Elizabeth Ball Room has a fantastic floor and they supply fantastic bands (no doof doof).

HENRY KENDALL SQUARES

Caller Les Heaton

Time slips away as we get older, the National Convention has already happened in Deloraine, did you visit the raspberry farm and the cheese factory close to Deloraine? The weather has been kind, and the dancing fun during the last month, dancers now looking toward to Berry for the State Convention. Val, Sheila and Cec celebrated birthdays, Les and Joyce a wedding anniversary as did Shirley and John. The nights cooling nicely and as Tedda always says any time is a great time to square dance

KNEE DEEP SQUARES

Chris & Linda Froggatt

We have had a busy month with a second family wedding and setting off to Melbourne and then Tasmania for the 60th Jubilee National Convention. Looking forward to catching up with all our interstate friends. Thanks again to Ross Kinny for running the club while we are away, and also to Lois, Lynn & Wal, Lance & Pam, Marian for all the help in setting up and running the suppers.

We are introducing new dancers to our activity in May, so once again please be mindful of spreading the word. Bring a long all your friends. Then next month it's off to Holbrook for our half way dance. A gentle reminder if you haven't registered yet that the early bird ticket price is ending soon. Make sure you book into accommodation, too. A great fun feature will be the "friendly Olympics" between NSW and Vic, so come on NSW dancers, we need to out number our Victorian counter parts.

Many have been on the sick list lately, mainly recuperating from injuries and replacement parts. Best wishes to Les, Phil and Carol who have had operations recently and fortunately have come through with flying colours!! Happy birthdays: Shirley, Ross, Hayley, Michael, Les and Colin. Wishing a happy Mothers Day to all the mum's and grand-mums.

61st ANSDC Update

A big warm and friendly hello to all my fellow square and round dancers, and of course cloggers and contra dancers too! As I'm a newish dancer I am yet to try those lovely dance forms!

Can you believe that it is now less than 12 months to go before our 61st Australian National Square Dance Convention to be held in the heritage listed Blue Mountains from 10th to 14th April 2020!!! The committee are all eagerly looking forward to meeting many of you at this years National in Deloraine!

I'd like to delight you with the many things that there are to see and do whilst you are in the Blue Mountains so please take a look at our website at www.2020sdconvention.com and facebook group www.facebook.com/groups/434857693607535/ to be amazed at the variety of things to take a gander at while in the area!

It is very worthwhile at this early stage to consider extending your stay before and/or after the Convention because our Platinum Sponsor, "Fantastic Aussie Tours" have put together some day trips for you to consider pre-convention and not one, but TWO different post convention tours. Oh, so many decisions to make? Life is tough deciding which trip to take next! Check out the link on our website, but any queries please email me or give me a bell and I'm always ready to help!!!

Latest news flash!!! Here are the winners of the raffle drawn 30 th March.

1st prize J Baker won two nights accommodation at Shelton-Lea B & B for two, including a cooked breakfast and bottle of wine.

2nd prize Rhonda Smith who won a weekend's accommodation for two in an executive room at Leura House with views to the city.

3rd prize Theresa Lavorato who won a half day Wine and Wildlife tour with Western Wine tours to the Megalong Valley for two.

A big thank you to our sponsors for generously donating those gifts and we hope that our delegates will consider booking the accommodation and tours provided by our sponsors. Secondly a big thank you to everyone who bought raffle tickets.

Lastly, check out our flyer on the inside front page and register early for the chance to win big. You could have your registration fee refunded if you register by the closing ceremony at Deloraine National or win a bus trip for two donated by Fantastic Aussie Tours to the value of $6580 if you register by 29th June WOW !!! That is sure worth being in the draw!!!

Cheers Susanne Horvat, Publicity Manager

Email: publicity2020sdconvention@gmail.com 0425 394002

Club News

HILLBILLIES SQUARES Beecroft.

Callers: Vickie and Steve

Had a great time at Bill's place for his 70th birthday party. The pizzas were cooked by Kathy's son who happens to be a chef and they were really great. Unfortunately, when most of us had gone it started to rain and Bill fell over and broke his wrist, a horrible way to end his party. Arrie is having treatment for a sore leg but she's still going to the National Convention. We said hello to June E. at Penrith RSL. Pauline and Alan have been to the Snowy Mountains. Doreen and Graeme are going to England and then on to Italy to do some bush walking! Dorothy is going to Broome with her husband and Kathy and Bill are going to the Flinders Ranges. There's lots of Hillbillies going to the National Convention in Deloraine. Unfortunately the school is working on the hall and we're shut out for another three weeks. We commence dancing again on the 7th May.

MOUNTAIN DEVILS

Caller: David Todd

Happy Mother's Day to all the significant women in a child's life. Congratulations to Barbara & Lynda on their excellent calling at the SARDA Amateur Callers Dance. Thank you to all the dancers who bought raffle tickets in the 61st ANSDC. Great news for Molly's daughter, Jennifer who won first prize in the raffle. Deloraine was a great convention filled with wonderful memories and good times. Great to have Robert back dancing with us again and look forward to Lynette returning after being unwell. Bon voyage and safe travels to Nola, Michael, Jens & Renate and Eleanor. No dance on the 17th May as the hall is used for the elections again. Getting organised for our Bunnings BBQ and Cake Stall.

OUTBACK SQUARES

Caller: Arthur Johnson

All of our dancers coming along great, we are dancing one Sunday arvo a month and on the other weeks we dance on the Monday nights, getting a square of dancers who have danced in the past (many years ago) and around a square of new dancers, so it's all going well, changed the name as we have dancers coming from other towns and the new name covers all of our area. Thank you Jenny for all your work in chasing up dancers from Dubbo and helping with the advertising. Our local RSL has been great in helping us get started, we appreciate this.

SARDA NSW PRESENTS A MATINEE OF ROUND DANCING

SATURDAY 22ND JUNE 2019

Pennant Hills Community Centre

(Ramsay Road, Pennant Hills)

Two dance sessions for one price

12:30pm - 1.40pm **Advanced** **Phase 3 & 4** **& a few Phase 5**	**1.45pm - 4.45pm** **Easy & Intermediate** **Phase 2 & 3** **(Afternoon Tea Break)**

A plate of afternoon tea to share would be appreciated

Admission

SARDA members $12 / Non-SARDA members $15

Round Dance Cuers

Would you like to be part of the program?

Please RSVP by 20th May to Brett via Email

sarda.rd.matinee@gmail.com

You're invited to come along & support the first Round Dance Matinee for 2019

Enquiries

David Todd 0411 888 515

PANTHER SQUARES

Caller: Maree Huffadine

Happy Mother's Day to all our dancing Mums. Trust you have a lovely day with family and friends. Members coming and going on various breaks before the cooler weather sets in. Robyn cruising in Europe, Nola, Eliza and family in Italy for Nola's sons wedding. (side trip to Paris planned as well). Our contingent in Tasmania for a few weeks touring after the Deloraine 60th ANSDC. Ron and Molly off to Melbourne again! Pam on a slow mend with her broken ankle. Hope to see many dancers and friends at the fund raising event for 61st ANSDC at South Penrith Bunnings on 18th May. May Birthday wishes to Mary. Happy dancing everyone.

WESLEY SENIORS SQUARE DANCERS

As Term 1 comes to a close at School for Seniors it's so good to see the twelve beginners who moved up for extra tuition have been really keen and receptive to learning new movements. They will now be joining the Mainstream class after the holidays. Also we welcomed a surprise visit from LPaul and Sally Schmidt Heritage Square Dancers from San Diego California. They danced with our Mainstream group and gave us an interesting resume of their specialized groups in USA. We hope they will come back to Sydney again and visit other club venues too.

SUMMERLAND LARRIKINS
CASINO WILLI-WHIRLERS

Caller: Wilma Flannery

The sad news from the Casino club was the sudden and tragic death of two of our dancers, Barbara & Robert Gray. They were travelling into Casino for our club dance that night when they were involved in a fatal car accident. Their deaths have been a big loss to our club and they will be greatly missed. Many thanks for all the messages received from so many of our fellow square dancers who also knew them. John & Frances were part of the exodus to Tasmania for the National. Clare recovering from her hip replacement, even managing a dance or two but Elaine & Karen are still out of action with their foot injuries. Birthday wishes to Fay and Wedding Anniversary wishes to Heather & Ray. Everybody now looking forward to the Urunga Weekend.

SQUARE & ROUND DANCE ASSOCIATION of NSW Inc.

Reminder to NSW Association Members

MEMBERSHIPS EXPIRE ON 30TH JUNE 2019

Renewal forms will be sent to clubs for collection.
Members receiving posted magazines will receive their forms by post.
Early payment would be appreciated to support the operation of the Association which includes insurance and provision of the magazine.

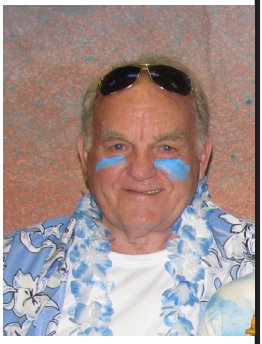
For further information contact:
Barbara Doust, Membership Secretary
12 St Pauls Crescent LIVERPOOL NSW 2170
Phone: (02) 9602 6377

NSW Calendar

2019

18th-19th May	28th Urunga Dip'n'Dive	Mylestrom
22nd-23rd June	Casino Willi Whirlers 36th Birthday Casino	
22nd June	SARDA NSW Round Dance Matinee Pennant Hills	
29th June	Holbrook Half Way Dance	

Vale - Terry Varley



Our deepest condolences to Jenny, family & friends for the recent passing of Terry. He was well liked & known by many for his good banter & sense of humour. The Square Dance world has truly lost a great participant in dance & life.

May he rest in peace -
Wendy, Alan, Brett - Sydney NSW

Vale - Syd Thompson

Syd Thompson (Life time partner of Betty) passed away recently after a long period of ill health/stints in & out of hospital. Betty & Syd have been familiar faces to many, dancing in Sydney over an extended period of time with many clubs - Truly a wonderful & well-respected couple both in & out of dancing circles. Many dancers attended the funeral for what was a lovely reflection of his life. Our deepest condolences to Betty & her extended family & friends.

May he rest in peace. Wendy, Alan, Brett - Sydney NSW

Vale - Craig Gardner

Our deepest condolences to Marilyn & family for the recent passing of Craig. We have fond memories of connecting at various Square Dance functions (in Canberra as well as National Conventions). Craig was a wonderful man, who will be missed by many.

May he rest in peace. Wendy, Alan, Brett - Sydney NSW

Vale Arhur Taylor

On the 19th March Arthur passed away in his sleep.

He had been a member of the Sussex Shoalhaven club since learning to Square dance in the early 1980's. Arthur and Helen were keen dancers and learnt through to A level. They supported all of the South Coast, ACT clubs and many more weekend dances. Arthur & Helen organised a monthly Plus club at Berrara for a few years. Ill health has kept them from dancing for the last few years but they still came to our get togethers to keep in touch.

Johnson Family & Sussex Shoalhaven Dancers

Ed Coleman

Ed started round dancing in 1986 with Dick & Mavis Schwarze at the Dance-Around Club at West Ryde, and in 1989 after introducing some friends to Round Dancing was encouraged by Dick to start his own club, which became Southside Rounds. Ed also became a member of what was then the Round Dance Council of NSW and Roundalab, the International Organisation for Round Dancing.

In 1995, Ed was elected as President of the Round Dance Council which he held for a period of four years. His second term as President started in 2003, again for four years, which was the time that it was incorporated into the Round Dance Association of NSW Inc. In 2009, Ed was elected as Secretary/Treasurer, again for a four year term before becoming President again in 2013. Late in 2013, he became a key member of a group to amalgamate the Round Dance Association, the Callers Association and the Square Dance Society into the current NSW Square and Round Dance Association Inc in 2014. As the then incumbent President of the Round Dance Association, he became the first Vice President Rounds in the new Association, a position he still holds.

Ed was joined by Lynn Yager as his teaching partner in 1994, and since then they have attended a number of International Round Dance weekends within Australia, as well as attending two US National and Roundalab Conventions plus three New Zealand National Conventions. They have also been on the committees for three Australian National Conventions – 2006 & 2013 at Niagara Park, and 2014 at Canberra, all of which he was also the Round Dance Programmer. Ed has also been the Round Dance Programmer for all NSW State Conventions since 1995 except three.

Ed has tried hard in recent years to promote Round Dancing within NSW to the extent of gaining the support from a number of Square Dance Callers, and although Lynn & Ed are still learning different ways of teaching to get the message across and actually learn new figures themselves, they have offered their services to country based callers & square dancers to run weekend workshops if required. Ed is the regular cuer for the Hunter Valley weekend and the Armidale Festival weekend, as well as having guest appearances at other weekend events when he can get the time away from work.

Ed has tried hard to make a difference to the Round Dance movement in NSW and should be congratulated for his dedication and committment to the movement. Congratulations Southside Rounds, Ed and Lynn-thirty years is a marvellous achievement.

Round Dance Tips

Upper Body Dance Frame or How to Dance as "one"

Have you ever noticed a couple that dances as if they were a single unit, moving "as one" even through turns and pivots? Have you noticed that most round dancers do not do this and instead seem to bump and adjust as they move? The secret to dancing "as one" begins with having a good upper body dance frame.

A good upper body frame is formed by the arms and shoulders but includes the upper body and the heads. One key is to hold the arms in such a way that your elbows are the same distance from the floor and the same distance out from your body while still being in front of your body. This is true for both man and lady. The man's left hand and lady's right hand (lead hands) are joined and held out about "eye high". The arms are slightly bent at the elbows. The man's right hand should just be able to be placed on the lady's left shoulder blade with his right wrist touching just under the lady's left arm. The lady's left elbow should extend slightly past the man's right elbow which allows the lady to place her right hand on the man's right upper arm. The man's head is slightly turned to look over the lady's right shoulder. The lady's head looks well to her left – as if laying her left ear back onto a pillow.

Achieving frame is one thing, but you must be able to hold it while you move. There should be firmness in the frame such that if the man rotates the frame left or right, the lady can immediately feel it and move with it. The same is true going forward and back – the lady should be able to immediately feel the frame move and then move with it – as if "filling the frame" with her body, keeping the upper body relationship with partner the same while moving.

Note that if you dance close enough to your partner while in closed position that the man's right waist and the lady's right waist can touch making a third contact (the lead hands and trail hands make two contacts). With three contacts you will not only be able to hold the frame easier, but the lady will be able to feel any movement just a little bit faster.

Here's another tip: After you have what you think is a good upper body frame – Take a deep breath. Note how your chest expands, your frame expands and your head raises up even a little. Try dancing with this "expanded top" all the time even after you exhale.

Most round dance teachers do teach a proper closed position, but many do not go further to explain how to hold it when moving. The feet, of course, are moving, but the body from the hips up through shoulders and the arms should generally remain the same as you move. Do not wave the arms; always keep your elbows in front of you

Defining Movements in Plus

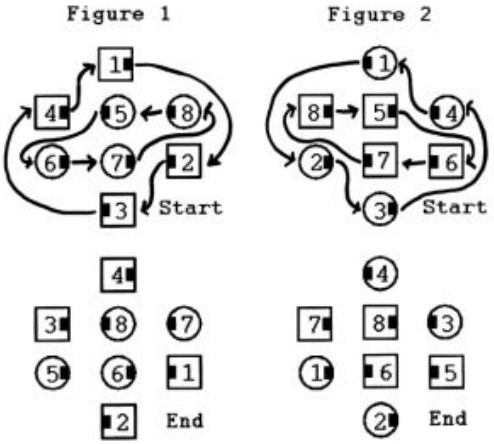
Focus Movement: Ping Pong Circulate Dance Level: Plus

Source: CALLERLAB - Material is being published with CALLERLAB's approval

PING PONG CIRCULATE - Starting formation - Quarter Tag. TIMING - 6

The movement starts and ends in a Quarter Tag formation. Each dancer circulates, or moves forward one position along the path shown in Figure 1. The movement may also be called when there is a left-hand wave in the center. In this case, the path circulated along is as shown in Figure 2.

It should be noted that the Circulate paths are independent of each other. Therefore, it is possible for only those on the outside path (dancers numbered 1, 2, 3, 4 in Figures 1 & 2) to Ping Pong Circulate or only those on the inside path (dancers numbered 5, 6, 7 & 8 in Figures 1 & 2) to Ping Pong Circulate.



Round Dance Tips Continued

do not let them go behind you. Do not separate from your partner. Do not let your partner move to your side, and definitely not behind you (remember we are trying to move while retaining in closed position). Try it with a Left Turning Box or with Two Turning Twos. Do not turn the heads, and stay in closed position with a good upper body frame that does not change the entire time. If you achieve this – you will have danced "as one."

Tim Eum has prepared many Round Dance Tips for Calls 'n' Cues, WASCA, for his weekly Rocket Rounds email reports, and for other publications. A Tim Eum archive. Taken from http://www.rounddancing.net/dance/articles/guest/eum/frame.html

NSW CLUB DIARY MONDAY

GUYS & DOLLS Caller: Tedda Brooks 0412 835 685
Woonona Bulli RSL Club Cnr Princes Highway & Nicholson Street Woonona 2516
Weekly 10am Basic/Mainstream

KNEE DEEP SQUARES Caller: Chris Froggatt 02 9542 3518
Miranda North Public School 162bThe Boulevarde, Miranda
Weekly 7.30 – 10 pm Plus Linda 0421 133 518

SOUTHSIDE ROUNDS Cuer: Ed Coleman 0429900454
Beecroft Uniting Church Hall, Beecroft Rd. Beecroft
Weekly 7.30pm Phase III and IV

THE RED BARONS Caller: Barry Wonson 02 4229 4059
Wollongong Senior Citizens Centre 192 Gipps Rd Gwynneville NSW 2500
Weekly 7.30pm Mainstream/Plus

NSW CLUB DIARY TUESDAY

COFFS HARBOUR Gwen Barnes 02 6658 4633
Taloumbi Gardens Retirement Village 94 Taloumbi Road Coffs Harbour NSW 2450
Weekly 3.30pm Mainstream/Plus

HILLBILLIES Callers: Steve & Vickie Dean 0411 751186
Beecroft Primary School Hall 90-98 Beecroft Road Beecroft NSW 2119
Weekly 8pm Plus but caters for Mainstream

NEWPORT OCEAN WAVES Contact: Doug Lewis 02 9402 0842
Ted Blackwood Community Centre Hall Cnr Jackson & Boondah Roads Warriewood
Weekly 8pm Plus/Mainstream Caller: Briian Hotchkies SYDNEY - NSW

PELICAN PROMENADERS Cuer: Anne Glazier 0409 938 345
St Lukes Anglican Church Hall 151 Blackwall Road Woy Woy NSW 2256
Weekly 7.00pm Beginner Rounds Last Tuesday 50/50 Squares & Rounds

RIVERSIDE 8 Caller: Tony Bowring 0408 340 990
Senior Citizens Hall 43 Munster Street Port Macquarie NSW 2444
Weekly 7.00pm Basic/Mainstream

WANDERING STARS Callers: David & Shirley Gibbs 02 9798 9374
Scout Hall Cnr Morgan and Cahill St Beverley HIlls NSW 2209
Weekly 8pm Basic/Mainstream

WINGHAM S.D CLUB Contact: Bruce Stevens 0428 652 965
Wingham Public School 157 Murray Road Wingham NSW 2429
Weekly 7.30pm Except school holidays Mainstream

NSW CLUB DIARY WEDNESDAY

B-BAR-H Caller: Brian Hotchkies 0407-290-010 02 4392 0336
Warnervale Community Hall Cnr Warnervale & Virginia Roads, Warnervale
Weekly 6:30 A1. 7:30 Mainstream & Plus

CLOVERLEAF DANCERS Contact: Max 0411 501646
Kootingal War Memorial Hall 8A Denman Avenue Kootingal NSW 2352
Weekly 7.30pm Basic & Mainstream

DANCE AROUND Cuer: Terry Lee 0418 275 409
West Ryde Public School 6 Endeavour St West Ryde NSW 2114
Weekly 7pm School terms only Easy/Intermediate/High

FOREST FROLICKERS Contact: Helen 02 9451 8777
Forest Kirk Uniting Church Cnr Fitzpatrick Ave West & Warringah Rd Frenchs Forest 2086
Weekly 7.30pm Basic & Mainstream CD Club

GUYS & DOLLS Caller: Tedda Brooks 0412 835 685
Corrimal Uniting Church Hall Cnr Russell & Underwood Streets Corrimal NSW 2518
Weekly 7.30pm Basic, Mainstream & Plus

JUST BLISS Caller: James Brooks 0408 110 995
Eastlakes Public School. 7 Florence Avenue Eastlakes NSW 2018
Weekly 7pm Beginners & Mainstream

PANTHER SQUARES Caller: Maree Huffadine 02 9610 2523
Surveyors Creek Community Ctre Ballybunnion Terrace Glenmore Park NSW 2745
Weekly 7.30pm Basic & Mainstream

THE RED BARONS Caller: Barry Wonson 02 4229 4059
East Hills Baptist Church Cnr. Forrest Road &, Lehn Rd, East Hills 2213
Weekly 7.30pm A1 & A2

TARTAN PROMENADERS Contact: Geoff 0407 449 384
Bolton Point Community Hall 68 Middle Point Road Bolton Point NSW 2283.
Weekly 7pm Mainstream & Plus

WESLEY SENIORS Contact: Margaret McAlpine 02 9389 3191
220 Pitt Street, Sydney NSW 2000
Weekly Mainstream 10am till Noon Teaching Rounds and Basic Experienced Square Dancing 12noon -1pm. Beginners 1pm - 3pm

WILLI WHIRLERS Caller: Wilma Flannery 02 6662 6647
Anglican Church Auxiliary Hall 47 Simpson Parade - Casino NSW 2470
Weekly 7.30 Mainstream and Plus

NSW CLUB DIARY THURSDAY

CARPENTER & CO Caller: Gary Carpenter 0429 827 793
9 Anzac Road Tuggerah NSW 2259
Weekly 7pm Basic & Mainstream

NORTHERN WAVES Caller: Frances McAlister 0407 663 017
Lismore Heights Sports Recreation & Community Centre 181 High Street Lismore 2480
Weekly 4.30pm Basic, Mainstream & Plus

THE RED BARONS Caller: Barry Wonson 02 4229 4059
East Hills Baptist Church Cnr. Forrest Road &, Lehn Rd, East Hills 2213
Weekly 7.30pm Mainstream & Plus

SUSSEX/SHOALHAVEN Caller: Jan Johnson 02 4402 9038
Wandandian Progress Hall Princes Hwy Wandandian NSW 2540
Weekly 7pm Rounds & Squares-Basic, Mainstream & Plus

NSW CLUB DIARY FRIDAY

KNEE DEEP SQUARES Caller: Chris Froggatt 0421 133 518
Jannali Community Hall Cnr Jannali Avenue & Mary Street Jannali NSW 2226
Weekly 7.30pm Basic & Mainstream

MOUNTAIN DEVILS Caller: David Todd 0411 888 515
Glenbrook Public School Woodville St, Glenbrook NSW 2773
Weekly 7pm Mainstream & Plus

SAINTLY DEVILS Caller: Margaret Piper 0402 227 966
Drummond School Hall Cnr Rusden & Niagara Streets Armidale NSW 2350
Weekly Rounds 7pm Squares 7.30pm Basic, Mainstream & Plus

SUMMERLAND LARRIKINS Caller: Wilma Flannery 02 6662 6647
Alstonville Uniting Church Hall 60 Main Street Alstonville NSW 2477
Weekly 7.30pm Mainstream & Plus

WESLEY SENIORS Contact: Margaret McAlpine 02 9389 3191
220 Pitt Street, Sydney NSW 2000
Weekly 10am-12noon Plus

NSW METROPOLITAN CLOGGING

THURSDAY	WEST PYMBLE	Hillbillies Cloggers	Vickie Dean	9979 5736
FRIDAY	HURSTVILLE	Hillbillies Southsiders	Vickie Dean	979 5736
SATURDAY Morning	GUILDFORD	Strictly Cloggers	Jason Nicholson	Colleen 9727 3483

NSW CLUB DIARY SATURDAY

CLASSIFIED A Caller: Brian Hotchkies Lynn Ed 0429900454
Berowra Uniting Church 4/6 Alan Rd, Berowra Heights NSW 2082
3rd Saturday 8pm A1 & A2

TUMBI COUNTRY Caller: Brian Hotchkies 0407-290-010 02 4392 0336
Kariong Community Hall Cnr. Woy Woy Rd and Dandaloo Street, Kariong NSW 2250
2nd Saturday 8pm Mainstream & Plus

NSW CLUB DIARY SUNDAY

SUNSET ROUNDS Cuer: Dorothy Ranger 02 9522 7307
Sylvania Heights Public School 33 Lisbon Street Sylvania Heights NSW 2224
Weekly 4pm Easy/Intermediate Rounds

NSW
Lucky Membership Draw

Metro: 3929 Wandering Stars
Country: 201178 Saintly Devil Dancers

Winners please contact Barbara Doust on (02) 9602 6377
or write to:
12 St Pauls Crescent, Liverpool NSW 2170

Internet Sites

SQUARE DANCE AUSTRALIA	https://squaredanceaustralia.org/
ARDA	http://www.rounddancing.org.au/index.html
ACF	http://www.aussiecallers.org.au/
ACT SQUARE DANCE SOCIETY	http://www.squaredancecanberra.org
SARDA NSW	https://www.sardansw.com/
	https://www.facebook.com/NSWSquareDancing
NORTHERN NSW	http://www.nnswsda.com/
QLD SQUARE DANCE SOCIETY	https://www.squaredancingsocietyofqueensland.org
SQUARE DANCE VICTORIA	http://www.vsda.org.au/
SA SQUARE DANCE SOCIETY	http://www.squaredancingsa.com/
TAWS	www.taws.info
NEW ZEALAND S & R	http://www.nzsquaredance.webs.com
CANADIAN S & R	http://www.squaredance.ca
BRITISH SQUARE & ROUND DANCING	www.uksquaredancing.com
EUROPEAN WEB SITES	http://eaasdc.de
TRAVELLING IN EUROPE	http://www.benzcenter.de/RouteSDC/locations.html
JAPAN SQUARE DANCE ASSOCIATION	http://www.squaredance.or.jp/
CALLERLAB WEBSITE	http://www.callerlab.org

SQUARE DANCE CHOREOGRAPHY PROGRAM http://www.callarama.com
A Great Website For Dancers To Use Between Classes
http://www.tamtwirlers.org/tamination/info/index.html

Australian National Square Dance Conventions

60th 24th-28th April 2019
Convenor: Barry Chandler
Deloraine Community Complex
8 Alveston Drive, Deloraine, Tasmania.

61st Co-Convenors David & Rosalind Todd
10th-14th April 2020
Blue Mountains Grammar School
Wentworth Falls New South Wales

62nd Convenor: Marilyn Van Sambeeck
24th-28th June 2021 Marrara Stadium Darwin

AUSTRALIAN NATIONAL SQUARE DANCE CONVENTION BOARD
Chairman: Barry Chandler (03) 6272 4898
Executive Secretary: Anthea Matthews, 18 Sinai Place, Lockridge WA 6054 (08) 6278 1957
Treasurer: Bev McLachlan, Qld, (07) 5445 1238
ALL WEB SITES WILL BE ACCESSED FROM THE NATIONAL HOMEPAGE (SEE BELOW)

SQUARE DANCING AUSTRALIA HOMEPAGE
URL: http://www.squaredanceaustralia.org
E-mail: admin@squaredance.org.au or
Info Line 1800 643 277 Free Call from Mobiles & Landlines

Recovery

Reprinted with permission from the British magazine "Let's Square Dance" April edition page 7 by Peter Wright.

Having read Ed Foote's article on 'The Eleventh Commandment' in last month's magazine, you might think that no-one should go wrong in a square. No matter how long we've been dancing though, we all make mistakes; we may miss hearing a call, or may just have a sudden blank spot. But there are frequently ways of avoiding a breakdown of the square. Most importantly, don't just stand still and wave your hands in the air – that will inevitably fold the square. Try the following:

1. **Help**. Look for help from other dancers: there may be a beckoning or pointing finger, a whispered "turn round", or perhaps a little pressure on your hand to guide you in the right direction. You might even get the caller saying 'Turn round Keith'.

2. **Flow.** If the Caller is doing his job well, the moves should be flowing one to another, and a good guide is to 'go with the flow'. Let your body continue the flow from the previous move, and there's a good chance you will be half way to picking up the move you've just mis-heard.

3. **Hands.** Most square dance sequences use alternate hands; if you've just used your right hand, the next move is likely to be with the left.

4. **Look for the Gap**. If the other seven dancers are going OK, there will be a gap in the formation; fill it!

5. **Symmetry.** Unless the Caller has deliberately destroyed it, the square will always be symmetrical. If you draw an imaginary line through the middle of the square (in any direction), the four dancers on one side will be in exactly the same formation and partner relationship as the four on the other side. For example if you have a two faced Boy Boy, Girl Girl line on one side, there will be a mirror Girl Girl, Boy Boy line on the other side. It is worth subconsciously getting to recognise this as you dance, as it can help you to spot where you should be if you've missed a call.

It may be that more than one dancer makes a mistake at the same time – perhaps in more than one square. This could be an indication that the caller has made a mistake (Heaven forbid !) or that he has called something that is a bit beyond the capability of a number of the dancers, and hopefully, he will spot this and provide some additional guidance.

Sometimes though, none of the above solutions work, and the square breaks down. Once you recognise this, in a singing call, the best solution is to 'square up'. It will help if the men go 'home', but don't worry too much about which ladies go where. You will have less than 30 seconds to wait before you can pick up the dancing, and your only 'error' might be that the ladies will be with the wrong partner at the end .

If it's NOT a singing call, the best thing (as I'm sure you were taught) is to form 'normal' lines of four (each man with a lady on his right), and wait until you see the other squares in 'normal' lines, or until the Caller spots you and calls 'Lines of four'. Peter

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1/3 page	$21	$40	$57	$71
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SQUARE DANCING AUSTRALIA HOMEPAGE
URL: http://www.squaredance.org.au
E-mail: admin@squaredance.org.au or
Info Line 1800 643 277 Free Call from Mobiles & Landlines

EMERGENCY CALL
FOR MEDICAL AID

1 When a dancer goes down, a second dancer attends him/her.

2 Remaining couples join hands and take a step backward. This will allow the injured person and attendant air and room.

3 Raise joined hands as high as possible in the form of an arched circle.

4 On seeing this signal, the caller or hall monitor will immediately place an Emergency Call for Medical Aid.

REMINDER

The electronic copy of the Australian Square Dance Review is available **FREE if you wish to be notified when it is available go to** https://www.squaredanceaustralia.org/nat-soc/publications/review/subscribe/ . Available February, May, August and November

DISCLAIMER

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Wesley Seniors Square Dance Group with visitors LPaul and Sally Schmidt and with David & Shirley Gibbs and Barbara Tonitto

SARDA Amateur Callers' Dance 30th March 2019 at Pennant Hills Community Ctre

Southside Rounds celebrated 30 years of Round Dancing