

NEW SOUTH WALES



Let's Go Dancing

JUNE
2021

Volume: 5

Issue: 5

Produced by: The Square & Round Dance Association of NSW



Let square dancing brighten your day!

ENQUIRIES
1800 643 277



Northern NSW Square Dance Association



29th Woolgoolga Gala Weekend

Back to Dancing

Saturday 28th and Sunday 29th August 2021

With

Brian Hotchkies

*Woolgoolga Bowling Club
18 Boundary Street, Woolgoolga
(28kms North of Coffs Harbour)*

FULL, MAINSTREAM & PLUS - Rounds available during sessions

Sessions:

Saturday: 2.00pm — 4.30pm Squares
 4.30pm — 5.00pm NNNSDA AGM
 7.30pm — 10.30pm Squares
Sunday: 10.30am — 12.30pm Squares
 1.30pm — 4.00pm Squares

REGISTRATION FORM

Weekend Ticket:@ \$45 \$

Session Prices:

Saturday Afternoon@ \$15 \$

Night

.....@ \$15 \$

Sunday Morning

.....@ \$15 \$

Afternoon

.....@ \$15 \$

TOTAL \$.....

NAME/S:

ADDRESS:

.....

CLUB:

PHONE: EMAIL:

Cheques payable to: Northern NSW Square Dance Assoc.

Direct Deposit: BSB 728 728 A/c No 22303396...A/c Name: Northern NSW Square Dance Assoc.—Include Surname as reference.

Post or Email Registration form to: Frances Hickson, 53 Invercauld Road, Goonellabah 2480, or johnfran53@hotmail.com

What's Happening

Welcome to this month's edition of Let's Go Dancing.

Probably by the time you read this the AGM on the 29th May will be over. Most positions have already been filled prior to the seven days notice required by our Constitution. Thank you to those who have volunteered to hold positions to keep our Association running and a special mention to Ed Coleman and Ted Thomas who are stepping down from their positions. We appreciate their service and dedication to square & round dancing.

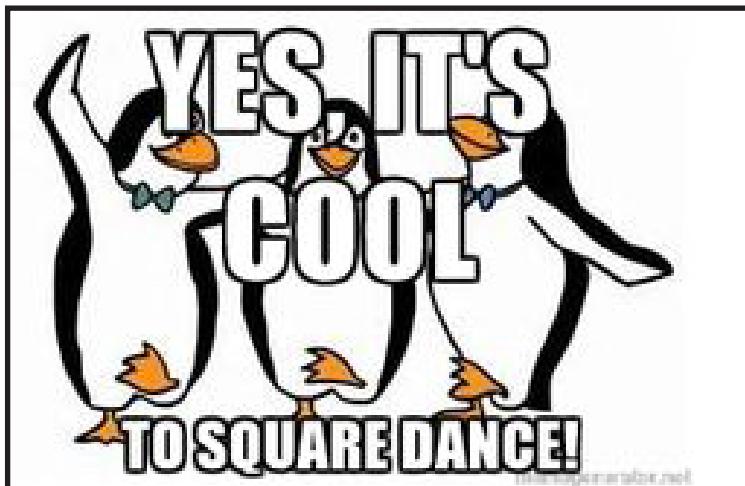
This month I have included a biography of Ed from the SARDA website and a bit of history on Tedda Brooks. Barry Wonson provided the article by Ed Foote about how to swing. It is interesting that many dancers no longer enjoy this move, however, it is important that if the caller calls a swing that those who choose not to swing wait the appropriate counts before moving to the next move.

Round dancing for health and happiness an article from 2013 written by Paula Armstrong has also been included in this issue.

The 42nd NSW State Convention is going to be held on the 30th September to 3rd October 2022 at Blue Mountains Grammar School in Wentworth Falls. The committee is looking forward to bringing you a great event.

Articles, pictures and news are always appreciated to put a smile on everyone's face and make the world a happier place. Now, find a comfortable chair, a warm drink, sit back and enjoy reading the June issue of Let's Go Dancing. Till next time.

Ros



Square & Round Dance Association of NSW Inc.

2020 Committee

President: David Todd 0411 888515 presidentsarda@gmail.com
Vice President: Ed Coleman 02 9875 1975
Vice President: Ted Thomas 0409 986 583 tedandlyn@bigpond.com
Secretary Rosalind Todd 02 4753 6382 secretarysarda@gmail.com
Address for Correspondence: PO Box 229 Blaxland NSW 2774
Treasurer David Calvert 0421 950 084 dgtcalvert@gmail.com
M'ship Secretary Barbara Doust 02 96026377 owen.doust1@gmail.com
Publicity Officer
Country Officer Nth Frances Hickson johnfran53@hotmail.com
Country Officer Sth Helen Hodalj helen_hodalj@yahoo.com

General Committee

Editor	Rosalind Todd	02 4753 6382	jarodd@bigpond.net.au
M'zine Distribution	Daniele Kimpton	0404 292 578	danielekimpton@aapt.net.au
Public Officer	Owen Doust	02 96026377	owen.doust1@gmail.com
Database	Owen Doust	02 96026377	owen.doust1@gmail.com

National Associations

ARDA Rep Helen Hodalj helen_hodalj@yahoo.com

Australian Callers Federation

NSW Coordinator	Frances Hickson	johnfran53@hotmail.com
ACF Treasurer	Gary Carpenter	gazacarpenter@gmail.com
Board Member	Chris Frogatt	

National Square Dance Society

Public Relations Pauline Hansford 02 96244396
Vice President Rosalind Todd 02 4753 6382 jarodd@bigpond.net.au

“Dance is your pulse, your heartbeat, your breathing. It’s the rhythm of your life. It’s the expression in time and movement, in happiness, joy, sadness and envy.”

– Jaques D'Ambroise



Find us on:
facebook

<https://www.facebook.com/NSWSquareDancing/>



NSW President's Report

By the time this magazine reaches you we will have had our AGM which is being held via the Zoom platform. I would like to take this opportunity to thank both Ted Thomas and Ed Coleman for their outstanding support and assistance over a number of years. Both Ted and Ed have decided to take a break from being involved in the SARDA NSW committee.

As many of you are aware the 41st NSW State Convention at Gloucester was cancelled as a result of the uncertainty that the pandemic has caused. Jim and Rhonda, who were the convenors of the convention, decided to organise some fantastic activities for anyone who was still intending to travel to Gloucester. With some assistance from locals, Maree and Graeme Marsh and Gerald and Sandra Ring they presented a wonderful weekend. I'm sure those who attended would join me in commending their effort and organisation. Well done!

Just a reminder to all NSW club leaders that if your group has returned to dancing don't forget to apply for the Covid grant that we were successful in obtaining from the NSW government. This grant remains available till the end of the year.

If you are starting to promote for new dancers and require flyers to advertise square or round dancing we have a good supply. These are free so please contact the secretary and they will be posted out to you. There is plenty of space for you to provide your own contact details. If you require a flyer to email check out <https://www.squaredanceaustralia.org/promotion-resources/>. We are also working on some community radio exposure. I would love to hear from you with your ideas and thoughts about promoting our great activity.

David
David Todd

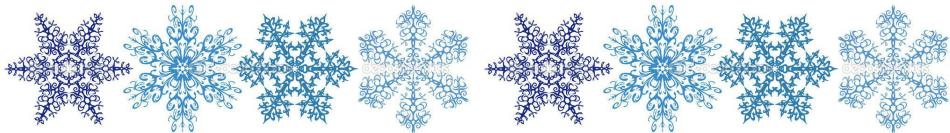


Club News

CARPENTER & CO.

Caller: Gary Carpenter

Wendy and Don are getting close to the end of their trip through Queensland, first a wedding then Fraser Island then up the centre. The Tubbies have set up camp at Karumba and aren't moving though we have yet to see any evidence of a huge catch. Ellen is home from hospital and, we hope, recovering well. We've had a few light weeks with people still going to Gloucester for the non convention and a Covid episode in Sydney causing yet another temporary increase to dancing restrictions. This has meant a few three couple Plus workouts and Hexagon (six couple rectangle) sets. Plus lessons are progressing (with lots of revision) and fun is still being had by all. Next up is my trip into Queensland. Fingers crossed for open borders.



HENRY KENDALL SQUARES

Caller: Les Heaton

What a wonderful week spent at Gloucester, sunshine every day with an evening meal Friday night, lunch Saturday and a very enjoyable dance at Barrington on Saturday night. Congratulations to Jim and Rhonda for the time and effort along with their helpers for the night. It was great catching up with so many friends during the week and having a dance to cap it all off.

The Henry Kendall Squares and Tartan Promenaders back to dancing every week, lovely to see happy smiling faces on the floor and enjoying themselves. Birthday wishes to Jennette, 21 and 3/4, off to Wellington to visit relations and friends out west. Changing to a day time club appears to be working well as some of the dancers prefer to drive in daylight, only trouble is school times on the way to the dance, traffic and kids being picked up by parents. See you on the dance floor soon.

HILLBILLIES SQUARES Beecroft

Callers: Vickie and Steve

Kathy and Bill are going to Kangaroo Island by a devious route and Georgina and David have been to the Gloucester weekend. Welcome back Andy, Bruce, Ted and Lynne. Everyone adhering to hand sanitizing and Covid check ins. Missed our dancing on the 11th but back again 18th May. Happy Birthday Georgina, Tracey and Pauline.

SQUARE & ROUND DANCE ASSOCIATION of NSW Inc

REMINDER TO NSW ASSOCIATION MEMBERS

MEMBERSHIPS EXPIRE ON 30 JUNE 2021

Renewal forms will be sent to clubs that have resumed for collection. Members of clubs that have not resumed and members who receive their magazine by post, will receive their renewal forms by post. Early payment is necessary for the operation of the NSW Association including the provision of Insurance and the purchase and distribution of the magazine.

Payment by direct deposit option is available - CBA 062 329 A/c 1043 6279

If paid by direct deposit please send completed form to address below.

The completed forms are needed to keep records up to date.

Barbara Doust, Membership Secretary
12, St Pauls Crescent, LIVERPOOL NSW 2170
Phone: (02) 96026377 Email - owendoust6@gmail.com



"You dance love, and you dance joy, and you dance dreams"
Gene Kelly

NSW Lucky Membership Draw

Metro: 3121 Newport Ocean Waves
Country: 1498 Outback Grand Squares

Winners please contact Barbara Doust
on (02) 9602 6377

or write to: 12 St Pauls Crescent, Liverpool NSW 2170

Club News

KNEE DEEP SQUARES

Our numbers are gradually getting back to normal even though we had to cancel one Friday with the COVID scare. Many dancers are looking forward to Holbrook Weekend coming up at the end of the month, and presently we only have six tickets left based on our COVID-safe Plan. We are happy that some restrictions are gradually lifting. We had a lengthy phone consultation with Service NSW and found we no longer need to take everyone's temperature on arrival and we can go back to our usual great smorgasbord style suppers. We have elected to continue serving with tongs on each plate as we feel this is not only Covid safe, but a good hygiene practice. We do however still need to be diligent with QR sign in and sanitising between each bracket.

We are looking forward to taking in new dancers in July, so we ask all members to encourage friends, neighbours, work colleagues to give square dancing a try! Wal has had a rough trot of late with his cataract surgery needing to be redone and then leg surgery not going to plan. We wish him a speedy recovery. Anne T. has popped in to have a chat and is hopeful of being fully recovered after her hip replacement, by Holbrook. Ann H. is also recovering well from her knee surgery.

Monday Plus dancers have now had revision on the entire Plus program and are dancing extremely well, accomplishing all the variations Chris calls to them. It's good to see Robert back on the dance floor again too. Happy birthday wishes to: Neil, Rob P., Barbara G., Margaret L.



MOUNTAIN DEVILS

Caller: David Todd

Baby, it's cold outside up in the Blue Mountains. We said a fond farewell to Molly & Ron as they embark on their interstate move. They were presented with a photo book full of memories of their time dancing at club, state and national dances.

Government restrictions continue to fluctuate according to community transmissions so as a result we were unable to dance one week. This will probably be the theme for 2021 so we all need to be mindful and continue Covid safe practices.

Congratulations to Jim & Rhonda who organised some fabulous activities in Gloucester on the weekend of the cancelled convention. Thank you to all the volunteers who protect our community and/or provide services for others to enjoy.

Birthday wishes to Barbara and Julie-Rose. Get well wishes to June.

Gloucester NSW

The Gloucester NSW Square & Round Dance Convention was cancelled BUT ...

Going to Conventions combines two of my loves: travelling and dancing.

I enthusiastically followed all the information about the upcoming NSW Square & Round Dance convention, which you might recall, was scheduled for April / May 2021. It was cancelled due to Covid BUT some activities still went ahead, although on a reduced scale on that same weekend. The planned coach tour also had to be cancelled as the road to Barrington Tops was damaged by the recent floods. However, the organizers came up with good alternative programs.

More than fifty people came to Gloucester to socialize, dance and maybe just to relax. The town also hosted the annual bikie event on this weekend, so the main street was busy.

I arrived on Saturday. There were eight other dancers in Kings St Motel. They were all good company, I had a chance to get to know them a little. It was interesting to listen to David Todd's views about the future of square dancing and how he keeps an eye on the floor when calling.



The only dance for the weekend was held in the Community Hall of Barrington, approx. 7 kms from Gloucester. Upon registration we each received a small bottle of sanitizer and were constantly reminded of the importance of being Covid safe. The doors were left open, so the air circulation was good. The hall was big enough for up to five squares and it was used to capacity. There was some decoration which gave us a glimpse what the full-blown convention could have been! Sadly, I only took one photo. Jim, Ashley and Brian called the square dances with Ann and Ed cueing for the round dancers. At Ashley's suggestion Brian came up with a new move: 'sanitize'. If you are interested, I will show you how is it done.

Jim, Rhonda and Daniele worked very hard on the evening and no doubt during the months leading up to the event, coping with and managing change. Jim called the last dance for the evening and labelled it as his calling retirement 'swansong'.

On Sunday morning a lot of us visited the local Historical Museum. It was interesting to hear Pam's stories and look through the old photos showing the timber, dairy and mining history of the town. The Art Gallery was also interesting with paintings of Australian birds and wildlife.

Continued page 9



Club News

PANTHER SQUARES

Caller: Maree Huffadine

A BBQ was held in May at Helen & Ralph's to farewell Molly & Ron Woods who have moved to Melbourne to be closer to their family & grandchildren. Their love of square dancing will continue as they have already started checking out clubs near their new home. After many years of dancing at Panthers you both will be greatly missed but certainly not forgotten.

Although the 41st NSW Square & Round Dance Convention had been cancelled it didn't stop a number of our dancers having a lovely weekend visiting Gloucester and taking in the beautiful autumn scenery.

We enjoyed a visit from Jim Brooks and Annette Crawford recently. Birthday wishes this month to June B and Nola.

SUMMERLAND LARRIKINS & NORTHERN WAVES

Caller: Frances Hickson

Club nights have been rocketing along. Two squares nearly every week. And the suppers are back! Happy birthday Gerri, Les, John, Ian. Happy wedding anniversary Ian & Liz.

TOP CATS SQUARE & ROUND DANCE CLUB

Caller/Cuer: Brett Gill

Here comes winter! We are fortunate to have a venue which is air-conditioned, allowing for all year round dancer comfort. Our four round dance sessions are proving to be very popular. Lots of interest at the learner levels and those wishing to advance their round dance steps.

We have recently re-commenced one square dance night where dancers are progressing nicely through revision & new dancer learning, focusing on the Plus Level. During the winter months we will be opening our doors for new beginners interested in learning how to Square Dance - A big thank you to anyone assisting in promotional activities. A reminder that our monthly Social Dance resumes in June with singing call requests! Many dancers are in the progress of receiving COVID and/or the annual flu jab. Happy Birthday to all the birthday guys & gals celebrating in May & June. Our sincere condolences go out to Shirley & Tristan & Renate Boerst for your recent losses plus friends of Betty Thompson who also passed away recently. Thank you to all those who help sanitize chairs etc at the end of each dancing session and Linda S for your help on the door.

Whilst COVID is with us, there may be times where we cease dancing, eg if there are new outbreaks or restrictions imposed by the government. For this reason, we ask that you RSVP for any classes that you would like to attend. Continued next page

Gloucester NSW Continued

We re-grouped for a BYO BBQ lunch in the park. Luckily a portable BBQ was arranged through the local junior Leagues Club, as the one in the park was damaged during the floods.

There was plenty to see in Gloucester. The self-guided heritage walk covered numerous buildings from the early 1900's. For a small town of 3,000 people, it has lots of clothing and home ware shops!



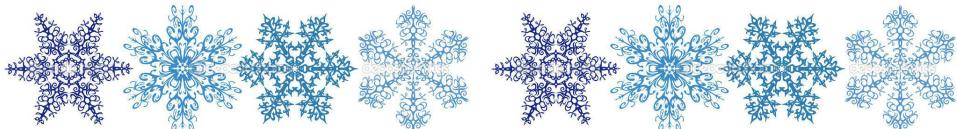
Monday was a big day. We car-shared to Copeland to participate in a guided tour to the historic goldfield precinct. It was a lovely morning; we all enjoyed the walk in the forest and the morning tea with Covid safe pre-packed cakes. For the afternoon program we found our way to Hillview Herb Farm. After a lovely lunch of sausages and various pizzas we enjoyed talks from a local beekeeper and a local dog breeder, who brought along four adorable three-week old

Labrador puppies. We also had a guided tour in the herb garden. The afternoon tea was amazing, real country hospitality. Some herb mixtures, pickles and other yummies together with plants were for sale. We contributed to the local economy!

There were other programs on offer, for those who arrived in Gloucester a day earlier than I did.

It was a lovely weekend. Thanks to all who helped to make it happen!

Mary Abraham



Club News

Contact details are: 0415 222150 or Email: shiredancelessons@gmail.com. Dancers are reminded that renewals for SARDA are due by late June. If you're currently a member, we are happy to lodge form & monies on your behalf - If you would like to join, we have blank forms available at our classes.

NSW CLUB DIARY MONDAY

GUYS & DOLLS	Caller: Tedda Brooks	0412 835 685
Woonona Bulli RSL Club Cnr Princes Highway & Nicholson Street Woonona 2516		
Weekly 10am	Basic/Mainstream	
KNEE DEEP SQUARES	Caller: Chris Froggatt	02 9542 3518
Miranda North Public School 162b The Boulevard, Miranda		
Weekly 7.30 – 10pm	Plus	Linda 0421 133 518
SOUTHSIDE ROUNDS	Cuer: Ed Coleman	0429900454
Beecroft Uniting Church Hall, Beecroft Rd. Beecroft		
Weekly 7.30pm	Phase III and IV	
THE RED BARONS	Caller: Barry Wonson	02 4229 4059
Wollongong Senior Citizens Centre 192 Gipps Rd Gwynneville NSW 2500		
Weekly 7.30pm	Mainstream/Plus	

NSW CLUB DIARY TUESDAY

COFFS HARBOUR	Gwen Barnes	0414 897 329
Ingenia Gardens Retirement Village 94 Taloumbi Road Coffs Harbour NSW 2450		
Weekly 3.30pm	Mainstream	CURRENTLY IN RECESS
HILLBILLIES	Callers: Steve & Vickie Dean	0411 751186
Beecroft Primary School Hall 90-98 Beecroft Road Beecroft NSW 2119		
Weekly 8pm	Plus but caters for Mainstream	
NEWPORT OCEAN WAVES	Contact: Doug Lewis	02 9402 0842
Ted Blackwood Community Centre Hall Cnr Jackson & Boondah Roads Warriewood		
Weekly 8pm	Plus/Mainstream Caller: Brian Hotchkies	
PELICAN PROMENADERS	Cuer: Anne Glazier	0409 938 345
Tuggerah Community Hall 9 Anzac Road Tuggerah NSW 2259		
Weekly 7.00pm	Beginner Rounds	
RIVERSIDE 8	Caller: Tony Bowring	0408 340 990
Senior Citizens Hall 43 Munster Street Port Macquarie NSW 2444		
Weekly 7.00pm	Basic/Mainstream	CURRENTLY IN RECESS
WINGHAM S.D CLUB	Contact: Bruce Stevens	0428 652 965
Wingham Public School 157 Murray Road Wingham NSW 2429		
Weekly 7.30pm	Except school holidays Mainstream	CURRENTLY IN RECESS

NSW CLUB DIARY WEDNESDAY

B-BAR-H	Caller: Brian Hotchkies	0407-290-010 02 4392 0336\\
Cnr Warnervale & Virginia Roads, Warnervale		
Weekly 6:30 A1. 7:30 Mainstream & Plus		
CLOVERLEAF DANCERS	Contact: Max	0411 501646
Kootingal War Memorial Hall 8A Denman Avenue Kootingal NSW 2352		
Weekly 7.30pm Basic & Mainstream		CURRENTLY IN RECESS
GUYS & DOLLS	Caller: Tedda Brooks	0412 835 685
Corrimal Uniting Church Hall Cnr Russell & Underwood Streets Corrimal NSW 2518		
Weekly 7.30pm Basic, Mainstream & Plus		
PANTHER SQUARES	Caller: Maree Huffadine	02 9610 2523
Surveyors Creek Community Ctre Ballybunnion Terrace Glenmore Park NSW 2745		
Weekly 7.30pm Basic & Mainstream		
SUSSEX/SHOALHAVEN	Caller: Jan Johnson	02 4402 9038
Wandandian Progress Hall Princes Hwy Wandandian NSW 2540		
Weekly 7pm Rounds & Squares-Basic, Mainstream & Plus		CURRENTLY IN RECESS
TARTAN PROMENADERS	Contact: Geoff	0407 449 384
Masonic Hall, 4 Metcalf Street, Wallsend NSW.		
Weekly 7pm Mainstream & Plus		
WANDERING STARS	Callers: David & Shirley Gibbs	02 9798 9374
East Hills Baptist Church 34 Forrest Rd East Hills		
Weekly 8pm Basic/Mainstream		
WESLEY SENIORS	Contact: Margaret McAlpine	02 9389 3191
220 Pitt Street, Sydney NSW 2000 CD's Daytime		
Weekly Mainstream 10am till Noon . Plus 1:30pm 2.30pm with Patty		

NSW CLUB DIARY THURSDAY

CARPENTER & CO	Caller: Gary Carpenter	0429 827 793
9 Anzac Road Tuggerah NSW 2259		
Weekly 7pm Basic & Mainstream		
NORTHERN WAVES	Caller: Frances Hickson	0407 663 017
Lismore Heights Sports Recreation & Community Centre 181 High Street Lismore 2480		
Weekly 4.30pm Basic, Mainstream & Plus		CURRENTLY IN RECESS

NSW CLUB DIARY FRIDAY

KNEE DEEP SQUARES	Caller: Chris Frogatt	0421 133 518
Jannali Community Hall Cnr Jannali Avenue & Mary Street Jannali NSW 2226		
Weekly 7.30pm	Basic & Mainstream	
MOUNTAIN DEVILS		
	Caller: David Todd	0411 888 515
Glenbrook Public School Woodville St, Glenbrook NSW 2773		
Weekly 7.15pm	Mainstream & Plus	
SUMMERLAND LARRIKINS	Caller: Frances Hickson	0407 663017
Alstonville Uniting Church Hall 60 Main Street Alstonville NSW 2477		
Weekly 7.30pm	Mainstream & Plus	

NSW CLUB DIARY SATURDAY

CLASSIFIED A	Caller: Brian Hotchkies	Lynn Ed 0429900454
Berowra Uniting Church 4/6 Alan Rd, Berowra Heights NSW 2082		
3rd Saturday 8pm	A1 & A2	
TUMBI COUNTRY		
	Caller: Brian Hotchkies	0407-290-010 02 4392 0336
Kariong Community Hall Cnr. Woy Woy Rd and Dandaloo Street, Kariong NSW 2250		
2nd Saturday 8pm	Mainstream & Plus	

NSW CLUB DIARY SUNDAY

OUTBACK GRAND SQUARES	Caller: Arthur Johnson	0427633841
Gulgong RSL 64 Herbert St, Gulgong NSW 2852		
1st and 3rd Sundays 1.30pm	ring to check.	Basic and Mainstream
PELICAN PROMENADERS		
	Cuer: Anne Glazier	0409 938 345
Tuggerah Community Hall 9 Anzac Road Tuggerah NSW 2259		
4th Sunday 2.30	50/50 Squares & Rounds	



Internet Sites

SQUARE DANCE AUSTRALIA	https://squaredanceaustralia.org/
ARDA	http://www.rounddancing.org.au/index.html
ACF	http://www.aussiecallers.org.au/
ACT SQUARE DANCE SOCIETY	http://www.squaredancecanberra.org
SARDA NSW	https://www.sardansw.com/
QLD SQUARE DANCE SOCIETY	https://www.facebook.com/NSWSquareDancing
SQUARE DANCE VICTORIA	https://www.squaredancingsocietyofqueensland.org
SA SQUARE DANCE SOCIETY	https://www.vsda.asn.au
TAWS	http://www.squaredancingsa.com/
NEW ZEALAND S & R	www.taws.info
CANADIAN S & R	http://www.nzsquaredance.webs.com
BRITISH SQUARE & ROUND DANCING	http://www.uksquaredancing.com
EUROPEAN WEB SITES	http://eaasdc.de
TRAVELLING IN EUROPE	http://www.benzcenter.de/RouteSDC/locations.html
JAPAN SQUARE DANCE ASSOCIATION	http://www.squaredance.or.jp/
CALLERLAB WEBSITE	http://www.callerlab.org
SQUARE DANCE CHOREOGRAPHY PROGRAM	http://www.callarama.com
A Great Website For Dancers To Use Between Classes	
	http://www.tamtirlers.org/tamination/info/index.html

FOR INFORMATION RE 62ND ANSDC IN GOULBURN

Check out this link to the website: <http://www.goulburn2022.com.au/>



NSW METROPOLITAN CLOGGING

THURSDAY	WEST PYMBLE	Hillbillies Cloggers	Vickie Dean	9979 5736
FRIDAY	HURSTVILLE	Hillbillies Southsiders	Vickie Dean	979 5736
SATURDAY Morning	GUILDFORD	Strictly Cloggers	Jason Nicholson	Colleen 9727 3483

Hello From The Hunter

Imagine dressing up in your favourite outfit and billowing petticoat, attending your local club and instead of rounding up or squaring up, you are handed an offensive smelling cloth to wipe down chairs which have been gathering dust for the past twelve months. Then instead of joining seven other like-minded folk, the last vestige of your duty-free perfume is smothered by some budget concoction to disinfect your already dry cracked hands. However, when the music starts and the calls commence, all you think and care about, is enjoying the dancing with your friends, and the horrors of COVID are forgotten for a couple of hours.



To help Jim and Rhonda finalize their State Convention year, we went to Gloucester, taking three of our newer dancers with us. It was wonderful seeing familiar faces again and having lots of interest in our COVID dependent/proposed Hunter Valley square dance weekend.

Attached is a photo of our dancers dressed and ready to witness a larger number of squares than they are used to on our regular club night. They were not disappointed.

Violet S Kerswell
President



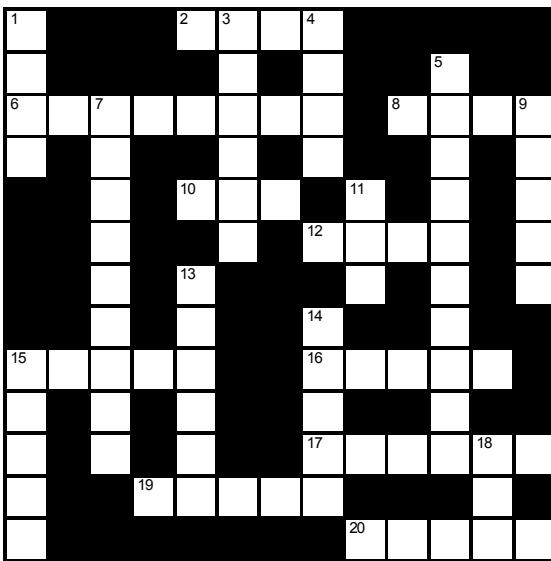
Weird Observations

While walking through the jungle at any given time, the urge to sing "The Lion Sleeps Tonight" is just a whim away, a whim away, a whim away, a whim away?

Never tell secrets in the vegetable garden. The potatoes have eyes, the corn has ears and the bean stalk.

Yesterday a lorry shed it's load of wigs and hairpieces. The police are now combing the area.

I can't believe that I got the sack from the calendar factory. All I did was take a couple of days off.

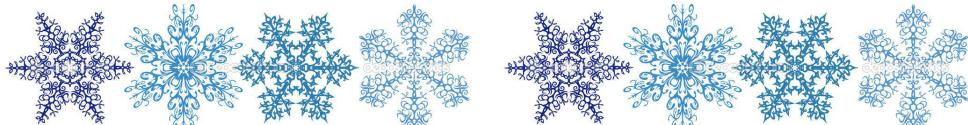


Down

- 1 _____ Deucey. (4)
- 3 _____ Cycle. (6)
- 4 _____ off. (4)
- 5 Starts in column - ends in two faced lines. (10)
- 7 Diamond _____ (9)
- 9 _____ Two. (5)
- 11 Peel the _____. (3)
- 13 _____ Circle. (6)
- 14 _____ Fire. (5)
- 15 _____ Right. (5)
- 18 Explode ___. (3)

Across

- 2 _____ the diamond. (4)
- 6 Spin chain and _____ the gears. (8)
- 8 Load the _____. (4)
- 10 _____ the Top (3)
- 12 _____ the Boat. (4)
- 15 Spin _____ the Gears. (5)
- 16 _____ the Deucey. (5)
- 17 A single word call - _____. (6)
- 19 Spin Chain the _____. (5)
- 20 _____ the Wave. (5)



"The job of feet is walking, but their hobby is dancing."

Amit Kalantri

PLUS CALLS -MISSING WORDS.

Select the missing words from the names of the plus calls given.

Biography Ed Coleman



I am the second eldest of four children whose childhood contained many trips into remote areas of Australia. As a result of this travelling, we saw many scenic attractions that a lot of other people have not had the chance to experience.

During the late 1960's, after a move to Sydney for my father's work career, I joined the Scouting movement, continuing through the Cub, Scout and Venturer sections at which time I was awarded my Queen Scout, then progressing on to the Rover Section and becoming a Troop Leader. It was during my time in the Scout section that I had my first introduction to square dancing. In the early 1970's, the Scout Group I was a member of held annual functions with the local Guide Group, one of whose leaders was the wife of the local square dance club, the Wanderers.

It was also during this period that I was able to participate in some other activities that were rare for a teenager – Target Rifle Shooting and Caving to name a couple. I am lucky, if you like to call it that, to have my photo in some caving publications that are still available today, and was involved with an expedition to the Gordon River region in Tasmania in 1994, which proved to be instrumental in saving the Franklin/Lower Gordon Rivers from a massive dam construction.

In 1985, I started to attend regularly with my mother the Double H Square Dance Club, then run by Sue Humphries and Ashley Shore. Towards the end of that year, after I had danced all the Mainstream program with my mother, I was asked to join a competition team being trained by Sue. It was as part of this team that I danced as part of the demonstration teams presented by Ron Jones during the 1988 National Square Dance Convention at Homebush.

I started round dancing in 1986 with Dick & Mavis Schwarze at the Dance-Around Club at West Ryde, and in 1989 after introducing some friends to round dancing was encouraged by Dick to start my own club, which became Southside Rounds. I also became a member of what was then the Round Dance Council of NSW and Roundalab, the International Organisation for Round Dancing.

In 1995, I was elected as President of the Round Dance Council which I held for a period of four years. My second period as President started in 2003, again for four years, which was the time that we Incorporated into the Round Dance Association of NSW Inc. In 2009, I was elected as Secretary/Treasurer, again for a 4 year term before becoming President again in 2013. Late in 2013, I became a key member of a group to amalgamate the Round Dance Association, the Callers Association and the Square Dance Society into the current NSW Square and Round Dance Association Inc in 2014.



As the then incumbent President of the Round Dance Association, I became the first Vice President Rounds in the new Association, a position which I still held till the AGM 2021.

I was joined by Lynn Yager as my teaching partner in 1994, and since then we have attended a number of International Round Dance weekends within Australia, as well as attending two US National and Roundalab Conventions as well as three New Zealand National Conventions. We have also been on the committees for three Australian National Conventions – 2006 & 2013 at Niagara Park, and 2014 at Canberra, all of which I was also the Round Dance Programmer. I have also been the Round Dance Programmer for all NSW State Conventions since 1995 except three.

I have tried hard in recent years to promote round dancing within NSW to the extent of gaining the support from a number of square dance callers, and although Lynn & I are still learning different ways of teaching to get the message across and actually learn new figures ourselves, we have offered our services to country based callers & square dancers to run weekend workshops if required. I am lucky to have worked so closely with Brian Hotchkies over a number of years, and I am now the regular cuer for the Hunter Valley weekend and the Armidale Festival weekend, as well as having guest appearances at other weekend events when I can get the time away from work.

I would like to think that I have made a difference to the Round Dance movement in NSW, and will continue to do my best for all dancers on the dance floor.

Editor's Note: Ed and Lynn were made Life Members in 2014 to the Round Dance Association and has been running Southside Rounds for thirty-two years.



Chatting to Paul Bristow and Bronc Wise

Imagine the scene!

Date: November 2015

Venue: Pool side at Colina Mar Hotel Gran Canaria Temperature: 75 F

I am sitting with two living legends of the American Square Dance world Paul Bristow and Bronc Wise. So I took the opportunity to ask them some questions.

How did you get into square dancing?

Paul: Aged 17 travelling with my girl-friend to a heavy metal concert my car broke down. So what does a 17 year old do – of course he rings his dad. Dad said they were off to a Square Dance and if they picked us up we'd have to go along. There I met Hazel (now the present Mrs. Bristow) and her sister Rosemary married to caller Ron Hepden. He was great and lent me records which I put on reel-to-reel tapes and the rest as they say is history.

Susan: We can only speculate what would have happened had the car not broken down – and the girl-friend?

Bronc: My parents were square-dancers. As a lover of music I played in rock'n roll bands and aged 15 became fascinated with the choreography and attempted my first tip!

Is there something that would surprise people about you?

Paul: I consider myself a shy person and aged 10 wanted to be the first man on the moon. I could never have imagined that I would become a professional caller standing on a stage in front of hundreds of people.

Bronc: At the age of 10 I was an amateur school wrestler in the Olympic Style. For ten years I coached the local school wrestling team where my daughter Renee was a pupil. I was also a Pro-Calibre Ten Pin Bowling player, nearly reaching the big time.

Can you reveal your most embarrassing experience as a caller?

Paul: Once when calling in Germany a girl approached the stage. I was expecting to be asked for a song not to be told in a strong Germanic accent "Paul your zipper is open!"

Bronc: Calling at a big event in the states my wife walks to the front of the stage and informs me "Bronc your fly is open!"

What is the largest number of squares you have called to at one single event?

Paul: At a convention in Anaheim Germany in 1988 I was calling in a huge Sports Dome. People were continually coming in and the number of squares rose to 1000.

Bronc: I've called to very large numbers and back in the seventies it was common for local festivals to get between 100 and 200 squares.

What is the most unusual place you have called?

Paul: Disneyland USA in 1988. In 2000 I got a free pass to Disneyland and called in the 'Bear Country' luckily didn't meet any real bears!

Bronc: In a bathroom in Motel 6 – I remember there was just enough room for one square but it entitled the dancers to a special badge – cant imagine what it said on it! Also called to five squares dancing in the Hot Springs in the USA.

How does calling vary in different countries?

Paul: I find calling in countries where English is not the first language the dancers listen more carefully.

Bronc: Calling in non-english speaking countries means giving very precise calls and not chatting in between.

Paul tell me something about your recording company Sting Productions and Ambassador Club.

Paul: My aim is to provide good quality music that both the dancers and callers will enjoy. After the world-wide decline of record sales the Ambassador club was set up to offer a bulk package of twenty-two tunes mostly patter calls. These are for exclusive use only for one year before tracks are released for general use.

Bronc tell me about your New Beat Company.

I am a music producer and work in a studio where I play a wide range of instruments which include guitar, mandolin bass and I also boast to being a one-handed piano player – please note the right hand! My aim is to get away from the traditional square dance tunes.

Susan: Yes Bronc I have enjoyed dancing to Gummi Bear, the Elephant Walk and who could ever forget the Hustle Tango.

Can you tell me something about the Callers Club and Callerlab International?

Paul: I am proud to be the Training Director for the Callers Club of Great Britain. Both Bronc and I are members of Callerlab International which has an annual convention. Countries have committees which oversee calls their definitions new suggestions changes of names etc. These slight adjustments are reviewed every three years.

I know your daughter Cherish is an accomplished singer in all genres from opera to pop. What part does she play in your company?

Paul: Cherish travels with me every year to Nashville to use the recording studio. She speaks the language of musician and is invaluable to me in my dealings with the technical language of the musicians and musicals directors.

I can't let this opportunity pass without asking about the lack of woman callers?

Paul and Bronc: both agreed that we need to encourage more women callers. Records usually favour the man's lower voice but with modern technology musical keys can easily be changed. They both observed that many callers schools at the moment have more girls than boys attending.

Continued next page

Round Dance- for your Health and Happiness

This article was taken from June 2012 but the same applies today. Excerpts from article The Healthy Side Of Round Dancing by Harold & Meredith Sears Full article can be found at <http://www.rounddancing.net/dance/articles/healthy.html>

You might be thinking that you are round dancing just for fun. "Smile," they say, "this is your recreation!" But you are dancing for your health, too. Round dancing is a perfect activity for improving physical, mental, emotional, social, and even artistic or creative health.

Physical Health—Many people realize that they are dancing "for fun and for the exercise." They know that dancing is good for us. A waltz might flow along at 30 or more measures per minute. That's about 100 weight changes per minute. We don't walk or run or lift weights that fast. Dancing burns anywhere from 200 to over 2000 calories during a 30-minute period—as many as walking, swimming, or bicycling. Like some other forms of exercise, dancing is "whole-body." Of course, you are working your feet, ankles, legs, and hips, and you work different muscle groups when you dance backwards than when you go forward. But think too of what the maintenance of good posture and proper frame does for you—staying balanced, the use of body sway, counter sway, and contra-body position. There is probably no muscle in the body (and there are over 600 of them) that doesn't contribute its share to maintaining tone and smoothing and controlling the flow of the body around the floor



Chatting to Paul Bristow and Bronc Wise Continued

How do you see the future of square dancing?

Paul: We now have the age of the takeaway and home entertainment systems. We just need to get people dancing and not surround the activity with such things as club names, dress codes and unnecessary etiquette. But how are we going to do this I'm not sure.

Bronc: Trying to compete with the attractions of modern technology is going to be difficult! The outlook is bleak!!

Well boys thank you so much for taking time out of your busy schedule to chat to me. Hopefully we'll meet again this November – for more of the same - same place same sunshine and same great dancing. Bring it on!

Susan Ellis UK Activ'8s

Round Dance- for your Health and Happiness

Mental Health -- Lately, we are hearing more and more that the very best form of exercise for the brain is dancing. It is the brain that coordinates the activity. Exercise increases blood flow to the brain so it can feed and breathe. Think of all that coordinated muscular activity, precise movements in specific sequences, finely meshed lead and follow, all this matched to one piece of music after another. Does this happen by itself? No, the brain and entire nervous system directs it in great waves of mental activity. How many different figures have we learned — and figure combinations, and dreaded modifications? Probably just as many as crossword puzzle clues or bridge hands. And we have to think fast. The cue comes, and we don't have the luxury of thinking it over and maybe looking it up in a manual. We have to process those hundreds of cues, one after the other. We coordinate with the music and at the same time with our partner. This is heavy-duty mental exercise.

Social Health We are probably still thinking about forms of emotional health, but humans are social creatures. No one likes to feel lonely. To meet our social needs, we create all sorts of reasons and excuses to get together. We want friends, closer friends, regular contact, affirmation and encouragement. Surely dancing does these things better than most activities.

Dancers are open, friendly, non-judgmental, and forgiving people. Conversation is not likely to be dominated by lectures, sermons, harangues, or grousing. It will be light and interesting, fun and optimistic. Dancing is playful and flirtatious. When you get together to play cards, you have that card table between you, but dancing can be quite intimate. Other games are competitive; dancing is cooperative.

So Folks lets get out and DANCE ! For information or assistance about Round Dancing you can contact ARDA, your state Round Dance contact or ARDA Education Officer –Paula Armstrong.



“Every day brings a chance for you to draw in a breath, kick off your shoes, and dance.”

Oprah Winfrey

All Things Considered..... By Ed Foote

How To Look Good When You Swing Your Partner

Swing Your Partner is usually taught the first night of beginners' class, and although dancers hear it regularly in singing calls, very little effort is made to explain the call well. As a result, in looking out over a floor of dancers, one sees a wide variety of Swings, most of which are two people staggering around. One of the prettiest calls that exists has been reduced to shambles.

In discussing this call with dancers I am amazed at how many people have never heard how to do a correct Swing. Here's how to do it.

First, we need to recognize that there are two types of footwork which can be used in a Swing. The WALK AROUND SWING involves short walking or shuffling steps around a central point. This is best used by people who have a physical impairment, or by those who do not want to expend the physical energy necessary for a good-looking swing.

The BUZZ STEP SWING has the right foot remaining in place, and turning with most of the weight on the ball of the right foot of each dancer, as the left foot lifts and pushes off in a series of quick steps. The BUZZ STEP SWING can be done in a mild fashion, or it can be done with great motion and beauty.

How to do a beautiful swing:

- (1) use the buzz step swing.
- (2) Both dancers must LEAN BACK from the waist. This is vital, because this lowers the centre of gravity of the couple, thereby improving stability. Dancers must REALLY lean back, not just make a token effort. Note: The woman must trust that the man will not drop her. The man's right hand is on the woman's back at the waist, and she must really lean back into his hand. If the man does not have the physical arm strength to support the woman, then the Swing described here should not be attempted.
- (3) The man controls the speed of the Swing by how fast he pushes off with his left foot. The faster he pushes off, the faster the Swing. Great speed can be established quickly, and it is this speed combined with the leaning back that makes the Swing look beautiful.
- (4) While doing the Swing, look directly into your partner's eyes, or at least at their forehead. This is important because it will keep you from getting dizzy. Do NOT look out at the walls flying by, because this will make you dizzy.
- (5) In the singing call, when the caller says "Swing and Promenade," you do not have time to do this elegant type of Swing, because people are walking toward you for the Promenade. Save this elegant Swing for when you get to home position. This Swing is excellent to do at the very end of the singing call at home position.

Continued next page Summary

Tedda Brooks

Back around 1985 Chris Frogatt had a square dance at the Fisherman's Club at Rockdale and one night he got beginners up. Tedda was there and was encouraged to get up and have a go, so the bug of square dancing was sown.

Square dance songs are catchy and we all sing a line or two at times. Tedda was overheard by Chris one night and he said Tedda had a good voice and would make a good caller. I can remember Tedda before he got real serious being a guest caller at Knee Deep Squares. He was even presented with a special guest caller badge. He also guest called at Paul Johnstone's Sutherland Swinging Squares at Caringbah.

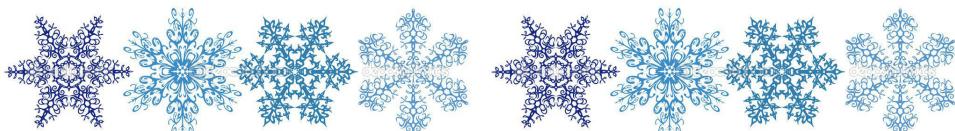
Tedda started his own club at Gymea and later moved to Sylvania. He also ran monthly promotion dances at Kogarah RSL, Lakemba RSL and Moorefield Bowling Club. When Paul Johnson's job moved to Gosford, Tedda was asked to take over his club. It became the "Guys and Dolls".

When Tedda and Marion moved to Woonona however, they continued to travel up to Sylvania and Caringbah for some time. Eventually Tedda closed those clubs and continued at Woonona.

Tedda and Marion also led a group of square dancers on the Japanese cruise ship 'Asuku' teaching the passengers to square dance for a number of years. They were also involved in teaching newly diagnosed children of Diabetes and their parents to square dance.

A highlight for Tedda and his wife, Marion was their huge fund raising effort for the Calvary Respite Hospital, Kogarah in memory of both spouses. They raised funds for a new rehabilitation wing which boasts a "Guys and Dolls" ward.

References: Graham Rigby's Great Australian Square Dance Callers, article from Wollongong Advertiser and speech written by Ralph celebrating twenty-five years of Guys and Dolls.



SUMMARY: If you do this type of Swing, people will be impressed. Remember the key points: lean back at the waist, go fast, and look into your partner's eyes.

Editor's Note: Thanks to Barry Wonson for providing this article.

Advertising Rates

Advertising in the printed copy of Let's Go Dancing charges are as listed below:

	1 issue	2 issues	3 issues	4 issues
Full page	\$55	\$104	\$144	\$180
Half page	\$32	\$60	\$86	\$109
1/3 page	\$21	\$40	\$57	\$71
1/4 page	\$16	\$30	\$42	\$50

Advertising in the electronic copy of the National Review **only** is \$10 for a full page and \$5 for a half page for square dance events and \$20 a page for business advertisers.

If you wish your advertisement to be included in both the electronic and printed Review a full page would be \$65 and a half page would be \$37 for square dance events.



SQUARE DANCING AUSTRALIA HOMEPAGE

URL: <https://squaredanceaustralia.com>

Info Line 1800 643 277 Free Call from Mobiles & Land lines

EMERGENCY CALL FOR MEDICAL AID



- 1 When a dancer goes down, a second dancer attends him/her.
- 2 Remaining couples join hands and take a step backward. This will allow the injured person and attendant air and room.
- 3 Raise joined hands as high as possible in the form of an arched circle.
- 4 On seeing this signal, the caller or hall monitor will immediately place an Emergency Call for Medical Aid.

REMINDER

The electronic copy of the Australian Square Dance Review is available **FREE** if you wish to be notified when it is available go to <https://www.squaredanceaustralia.org/publications/> Available February, May, August and November

DISCLAIMER

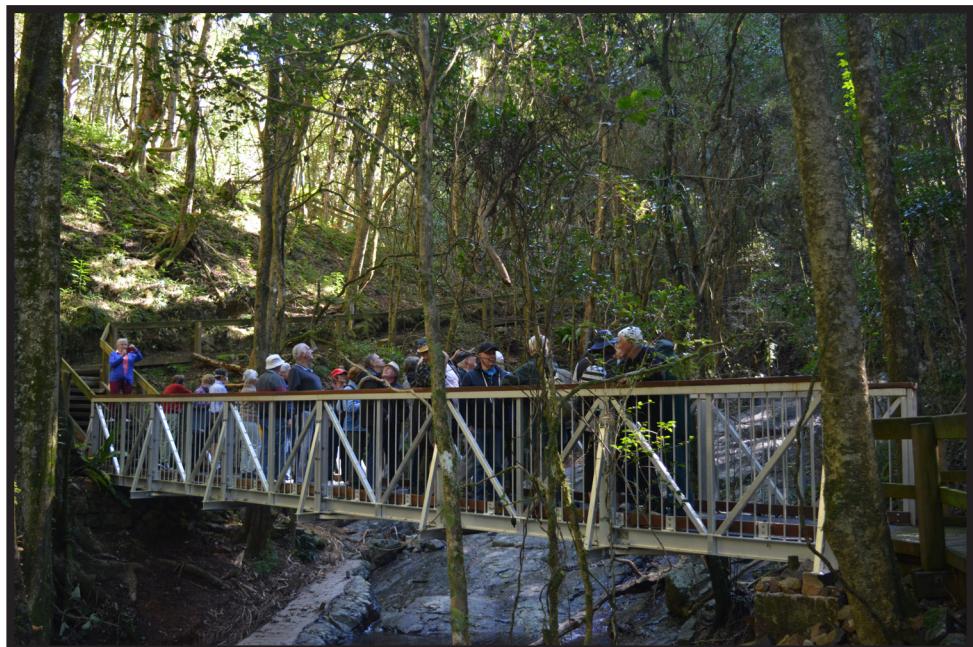
The opinions expressed in Let's Go Dancing are those of individual contributors and may not necessarily agree with the opinions of the editor or of SARDANSW, nor are we responsible for any goods advertised for sale.



Gloucester Bucketts Ranges

Mountain Maid Gold Mine

Copeland Tops State Conservation Area





Barbecue Picnic at Billabong Park Gloucester

